

The 2026 Peak Week

Peak stay kit list

ITEM(S)	PACKED ✓
Towel and Toiletries (soap, toothbrush & paste, etc.)	
Pillow Case	
Soft clean shoes (to wear in hostel)	
Nightdress or PJs	
Changes of underwear	
Two pairs of shorts	
Two/three pairs of trousers or jogging bottoms	
Two jumpers	
Three/four T-shirts	
Waterproof coat	
Hat	
Changes of socks	
Old pumps/trainers that you don't mind getting wet	
Another pair of boots/shoes suitable for walking <i>(other than above)</i>	
Swimming costume and another towel	
Small rucksack for day's equipment	
Water bottle/flask	
Pen and pencil	
Sun cream	
Insect repellent	

Students will need to have a change of clothes with them for the watersports day as they will get wet

PLEASE ENSURE ALL THE ABOVE IS PACKED IN ONE SUITCASE OR LARGE HOLDALL WITH YOUR NAME ON IT

The beach day

ITEM(S)	PACKED ✓
Sun cream	
Sun hat	
Water & packed lunch	
Waterproof coat	
Insect repellent	

Chill Factore day

ITEM(S)	PACKED ✓
Warm clothes	
Warm gloves	
Water & packed lunch	
Waterproof coat	
Warm sturdy shoes / trainers	