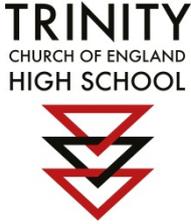


RELATIONSHIP AND SEX EDUCATION POLICY

 TRINITY CHURCH OF ENGLAND HIGH SCHOOL	Reviewed by:	Governors' Curriculum Committee
	Approved by:	Full Governing Body
	Date approved:	15 th October, 2019
	Next review due by:	End of 2021/22

AIM/PURPOSE

The aim of the policy is to ensure that relationship and sex education (RSE) is taught with sensitivity through a number of National Curriculum subjects, with the intention of helping our students to make informed decisions in order to keep them healthy and safe.

GENERAL PRINCIPLES

This policy conforms to all the recommendations contained within the 'Relationship and Sex Education (RSE) and Health Education' statutory guidance for governing bodies, proprietors, headteachers, principals, senior leadership teams and teachers (June, 2019).

- ◆ RSE is defined as "lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage, family life, stable and loving relationships, respect, love and being safe. It is also about the teaching of sex, sexuality and sexual health."
- ◆ RSE will be in the context of the school ethos of caring relationships based on respect and tolerance as stated in the aims of the school.
- ◆ RSE will be coherent and comprehensive in coverage, developed from appropriate legislation and structured to ensure that a staged programme is offered to every student, usually in term 3 of an academic year.
- ◆ It will be normal practice that RSE will be delivered to mixed sex teaching groups and that parents should be aware of this. However, in some circumstances, single sex groupings may be appropriate.
- ◆ In view of the particular nature of RSE, it will be detailed as a separate section on the school website.

RELATIONSHIP AND SEX EDUCATION AT TRINITY CHURCH OF ENGLAND HIGH SCHOOL

RSE is taught through a combination of science, religious education and personal, social and health education.

In science, students receive sex education as part of their KS3 course. This is concentrated mainly on the biological aspects including the human life cycle with particular focus on puberty and reproduction as required by the National Curriculum.

In Personal, Social and Health Education, RSE education is taught as part of a "spiral" curriculum across KS3 and KS4. The aim of these is to enable students to develop and reinforce skills, attitudes and understanding in connection with the way individuals relate to each other. The main themes include; puberty, love, different types of relationships including marriage, personal safety, teenage pregnancies, contraception, issues surrounding sexuality

and consent, and where to access help and advice. Teaching methodologies are varied and include discussion, video, writing and the use of outside agencies.

In religious education, the GCSE course includes marriage and the family and this covers a variety of topics relating to RSE. Attitudes to: sex and marriage, families, homosexuality and contraception are requirements of the syllabus.

The school will continually monitor its sex education programme to see if amendments are able to reassure concerned parents.

Feedback will be given by teachers to their students, based on their work, and self-evaluation opportunities will be provided for students to capture their progress.

At KS5, RSE may be delivered as part of the Enrichment programme but will be limited to the content and issues raised in KS4.

Right to withdraw your child from Sex Education

Parents cannot withdraw their child from Health Education or the Relationships Education element of RSE because it is important that all students receive this content, covering topics such as friendships and how to stay safe.

If a parent does not want their child to take part in some or all of the Sex Education lessons delivered at Trinity, then they can ask for their child to be withdrawn. Parents wishing to withdraw their child would need to write to the Head. A meeting would then be arranged where the Head will discuss the request and talk about the benefits of receiving this important information and any detrimental effects that withdrawal might have on their child. Parental request is valid up until three school terms before their child turns 16. At this age, a student can choose to receive Sex Education if they would like to, and the school will arrange for the student to receive this teaching in one of those three terms (unless there are exceptional circumstances).

If a child is to be withdrawn from sex education classes it will be done sensitively so as to minimise any disruption to the child's education.

Specific Issues

Confidentiality and contraceptive advice:

As part of the school's RSE programme teachers will provide:

- ◆ Education about types of contraception and where they can be obtained.
- ◆ Information about where and from whom students can receive confidential advice and support.

AIDS and HIV education (including other sexually transmitted diseases):

This is part of our sex education programme and is taught in science lessons as part of the GCSE course in the infections unit.

Education about Lesbian, Gay, Bisexual and Transgender issues:

There will be objective discussion on different types of sexual orientation when it arises in RSE lessons. In the spirit of the school's aims, teachers will undertake to counteract prejudice and victimisation, and promote self-esteem and a sense of responsibility, in line with the Equality Act 2010 and British values of tolerance and respect.

Other aspects of sexual behaviour:

In RSE lessons, matters arise that need careful handling. Teachers will use their professional judgement and treat any sensitive issues accordingly. Any concerns are routinely passed to the Safeguarding Officer.

Using outside speakers:

The school is positive about using health professionals to enhance its sex education programme. Such visitors will be made aware of the ethos of Trinity and its RSE policy. They will be expected to provide lesson plans/schemes of work in advance, and information on how the topic will be approached, delivered and followed up.

MONITORING AND EVALUATION

This will be carried out through the various subject co-ordinators and discussions at Leadership Team. Any changes to the policy will be the responsibility of the Curriculum Committee and such changes will be ratified by the Full Governing Body.