



Enrichment 2023-24

Choices for Wednesday Afternoons

Why Enrichment?

The Enrichment Programme is an integral part of Post-16 studies which takes place every Wednesday afternoon. Trinity Sixth Form offers this opportunity for several reasons;

- To provide an interest or hobby for students outside of their academic subjects.
- It is no longer sufficient to simply do well in academic subjects in order to secure a place at University or a good job.
- University admissions tutors and workplace recruitment officers now increasingly look for more - seeking rounded individuals who have attempted to explore their potential.
- Universities are also interested in whether a student could cope with a broad range of activities alongside their academic work, revealing their organizational skills and personal qualities.

Choices

- There are 7 activities taking place on Wednesday afternoons – these are compulsory and you must make a choice today.

- Volunteering
- Aspiring Medics
- EPQ
- Duke of Edinburgh Award
- Aspiring Engineers
- Sport/Young Sports Leader Award



Volunteering

Volunteering is a good way to increase what you can put on your UCAS forms or in job/apprenticeship applications. The skills you will learn from volunteering will serve you well in the future. If you already have a placement or have one in mind this can be done on Wednesday afternoons or we can support you to find another place.

- Some past placements have included
- Primary School
- Hospitals
- Food banks
- Manchester dogs home/City farm
- Community support groups
- Drama

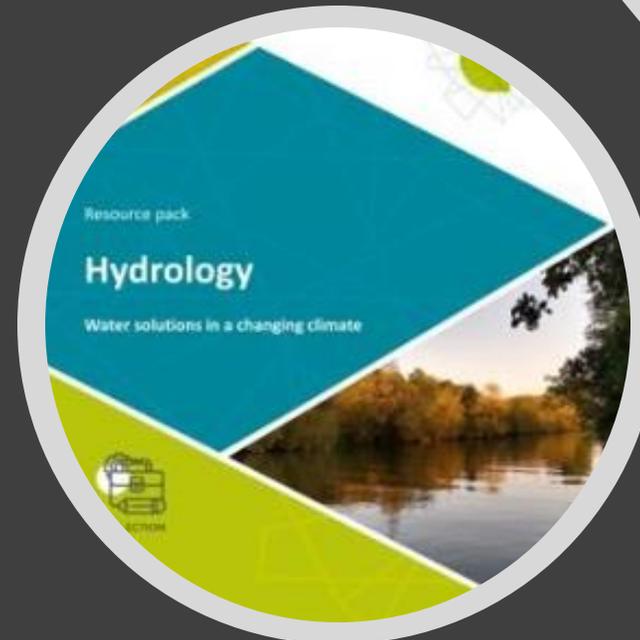


Aspiring Medics

- This is for students interested in a career in Medicine, Veterinary Medicine, or Dentistry
- *You must have gained at least a 6 in GCSE English Language and Math.*
- *We will work with you to find work experience and volunteering placements*
- *You will conduct a research project and complete an online course and present your findings to the group*
- *We will help you prepared for your medical and dental school entry exams (UCAT and BMAT) tests*

Aspiring Engineers

- This is for **ALL** students interested in a career in **ANY** aspect of Engineering.
- *You must have gained at least a 6 in GCSE English Language and Maths.*
- You will work toward a Gold CREST Award which is a nationally recognised and respected scheme for student-led project work in the STEM subjects.
- A CREST Award will enhance your UCAS application and your CV.
- *We will work with you to find a mentor with expertise in your project and link you with high quality work experience placements.*



Extended Project Qualification (EPQ)

- An EPQ is a project you complete about anything you are interested in. This can be related to your A-Level subjects or something completely different.
- Over the year you will conduct your own research into your topic and produce a formal report to present your research as either an essay or a artefact e.g. a website or a model



Can true happiness be found in a single moment?



How sustainable is the financial inequality between teams in the English Premier League?



How dimples affect the aerodynamic drag of a golf ball.



Should you be concerned about mass surveillance?

Why should you do an EPQ?

University of Manchester: some courses may make an alternative offer e.g. AAA at A-level or AAB plus the Extended Project at Grade A

Increase chance of achieving A-level A*-B by up to 29%

Worth half an A-level in terms of UCAS points (graded A*-E)

Universities view the EPQ as an excellent way for students to get ready for university. Many skills developed when completing the project are the same that are needed for university study.

Receive lower offers from some universities

Discuss in your personal statement and university interviews

Learn how to research, reference and work well independently

- There will be taught elements to help you decide on your research topic and how to conduct your research
- You will be supervised throughout and will have meetings with a teacher who will help guide you along the process and provide feedback



What requirements do you need to do an EPQ?

- **Organizational skills:** planning the project and making sure that each stage is completed in time, meeting internally set deadlines is essential to creating a high-quality project
- **Good time-management skills:** Making sure you spend enough time on the project each week, while juggling the demands of your A-Levels, is key to a successful project.
- At least a grade 6 in English
- An interest in attending either a Russell group or Oxford/Cambridge university



Duke of Edinburgh Award @ Trinity

This year we will be offering both the Gold and Silver award to the Sixth form. If students have completed their Silver award then they are eligible for the Gold Award. To complete the award students will take part in a 4 day practice expedition in North Wales and an assessed expedition in The Lake District. In addition to the skills, volunteering and physical sections, the Gold award requires candidates to take part in a residential activity which they have organised themselves.

The Silver award is available to students that have not had an opportunity to complete previous awards.

Students are encouraged to use the Wednesday afternoon sessions to complete their volunteering, however this will also allow students to take part in other enrichment activities such as aspiring medics, providing they are able to meet with the DofE at other times for updates.



Sport/Young Sports Leaders

You can only do Sport if you bring a change of kit – no kit will mean supervised Study in the Study area.

In your Enrichment activities, sports are available to all students, regardless of gender, age or ability, and provide students with opportunities to broaden their experiences and enhance your personal development.

We have wide range of activities on offer like Athletics, Cricket, Table Tennis and Fitness suit this means there is something to cater for every individual. College isn't just somewhere you come to get qualifications, but a place where you can enjoy yourself and develop interests and skills that can be continued for life.

We believe the 2 hours Enrichment time can help by improving your overall health and wellbeing, participation in enrichment activities can help develop team/leadership skills, introduce you to new friends and boost your confidence.

You may get the change to work towards a young sports leader award